Dear Joe Bloggs,

Welcome to your Evidence Update email from KnowledgeShare. The resources listed below have been chosen based on the interests you have provided. I hope they are useful. Please contact me via email if you would like a copy of any of the journal articles. If you would like to change the interests we have listed, stop receiving the notifications, or request a search on a specific topic, please don't hesitate to let me know.

If you need help getting hold of the full text of anything here then please email me back. For more information about the KnowledgeShare Current Awareness service contact me using the details below.

Mary

**Menopause**

**Reports**

_The following report(s) may be of interest:_

**Non-hormonal alternative to HRT shows promise in treating hot flushes.**
NHS Choices - Behind The Headlines; 2018.

[The research is a re-analysis of data from a previously published study that looked at the effects of the compound MLE4901 after 4 weeks of treatment. The drug halved the numbers of hot flushes, compared to placebo, after 3 days. It also reduced the severity of hot flushes and seemed to improve women’s sleep, possibly by reducing nighttime hot flushes.]

_Freely available online_