What is planetary health? How does it differ from global health? Why do decades of hard won gains and improvements in global health risk being swept away by the significant decline in planetary health? Why has human health and human civilisation flourished throughout the Holocene and yet now risks its own destruction in the new epoch it has created – the Anthropocene? Why does the health and care sector carry particular responsibility for definitive action and leadership in the race to improve planetary health?
WAKING UP TO PLANETARY HEALTH

Join us for a day to learn about the complex and intricate connections and inter-dependence of multiple biological, chemical, geological, physical, economic and social systems on which human health and the health of the rest of our planet depend. Hear how planetary health is linked with almost every decision and action we take, at home or at work, from what we eat, what we wear, what and where we procure, how we travel, how we use medicines and how we dispose of our waste. Engage with experts and fellow attendees to understand how we can all make a difference so that we don’t compromise the health and wellbeing of future generations of humans and many other species on our planet.

Keynote speaker

Sir Andy Haines
Professor of Environmental Change and Public Health
London School of Hygiene and Tropical Medicine

Learning outcomes

- Understand the concept of planetary health and why future human health and wellbeing depend on it.

- Appreciate the multiple complex and interdependent natural systems, operating at different spatial and temporal scales, which have allowed human society to develop and flourish, and the dangers and risks of inadvertently disrupting such systems.

- Understand the vital and transformative role of the health and care sector in recognising that we all bear a heavy responsibility for the health and wellbeing of future generations, not just the current generation.

- Appreciate the illogicality and ethically dubious action of giving particular types of treatment to one patient while knowing that by doing so it will harm the health of others.

- Audience
  Open to all. No specialist knowledge required.

- Delegate Rate
  Standard delegate rate £70.
  (inclusive of refreshments, finger buffet and resources)

For a full programme for the day (including speakers, workshop themes and facilitators) visit www.exeter.ac.uk/medicine/cpd

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